Course Description: START ON B1230 IN GILBERDYKE 5 MILES EAST OF HOWDEN TI AT A POINT 110 YARDS EAST OF GILBERDIKE SERVICE STATION AT PAINTED MARK AT END OF LANE.

PROCEED WESTWARDS ON B1230 TO TURN AT HOWDEN TI. RETRACE THROUGH GILBERDYKE TO FINISH AT TP 107/31-60 15 YARDS PAST CARPARK ENTRANCE TO WHITE HOUSE INN (GILBERDYKE) (10 MILES).

Event HQ: Newport Village Hall. HU15 2PP.

Yorkshire DC Regulation: NO turbo trainer to be used within 100 yards of any house. Please do not go passed the Time Keepers car at the start you will be reported to Yorkshire DC

SIGNING ON & OFF

It is necessary to sign on before you start, numbers are only available after you sign on. **New regulation (2017)**: all riders **must return** to the HQ and **sign out** or may be recorded as DNF. Numbers are event specific and can be kept.

In the interest of your own safety, **CYCLING TIME TRIALS** and the event promoter strongly advise you wear a **HARD SHELL HELMET** that meets an Internationally accepted safety standard. In accordance with regulation 15 **ALL JUNIOR** competitors must wear protective hard shell helmets. It is MANDATORY that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users, and is active at the start Please be aware of and follow CTT Covid Guidelines.

"Promoted for & on behalf of Cycling Time Trials under their rules & regulations."

Vive Le Velo

Open 10 Mile Time Trial
Saturday 5th June 2021
Womens' Event Course V714

Timekeepers: Mr G Backshall & Mrs Betty Phillipson - City Road (

Awards

Prize Money

1st Fastest - £30	1st Vet 40-45 - £10
2nd Fastest - £20	1st Vet 45-50 - £10
3rd Fastest - £10	1st Vet 50-55 - £10
	1st Vet 55-60 - £10
	1st Vet 60-65 - £10

Voucher prizes donated by Vive Le Velo. Performance Cycles and Accessori

Event Secretary - Ed Neilson

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